

Help is  
available, 24/7

## Did You Know?

- **Anyone can be trafficked**, including U.S. citizens, foreign nationals and adults and children of any age, gender identity, or sexual orientation.
- **Anyone can be a trafficker**, including a person that you trust.

Learn more about domestic and gender-based violence at [www.nyc.gov/endgbv](http://www.nyc.gov/endgbv)

## Get Help

If you think you or someone you know are experiencing any of these, or you are not sure, you can get help.

Call NYC's 24-hour Crime Victims Hotline (1-866-689-HELP or 4357), or the National Human Trafficking Hotline (1-888-373-7888 / TTY 711 or text 233733) for confidential services and supports to get help and stay safe.

If you are in immediate danger or want to report a crime call or text 911.

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- **Visit the NYC HOPE Resource Directory at [www.nyc.gov/NYCHOPE](http://www.nyc.gov/NYCHOPE)** for information and resources for domestic and gender-based violence.
- **Call any NYC Family Justice Center (FJC) to get free and confidential assistance.**  
Open Monday to Friday, 9 a.m. to 5 p.m., FJCs welcome people of all ages, sexual orientations, and gender identities, regardless of immigration status, income, or language spoken.

**\*\* Call or text 911 in an emergency \*\***

Bronx FJC (718) 508-1220

Brooklyn FJC (718) 250-5113

Manhattan FJC (212) 602-2800

Queens FJC (718) 575-4545

Staten Island FJC (718) 697-2800

# Understanding HUMAN TRAFFICKING

Get Resources  
& Information

**NYC** Mayor's Office to  
End Domestic and  
Gender-Based Violence



## What is Human Trafficking?

Human trafficking is the use of power and control to force, trick, or coerce someone into engaging in providing labor or services, including commercial sex.

Traffickers exploit social and economic inequity for their own benefit, using tactics like violence, emotional manipulation, and psychological threats.

**Trafficking is a criminal act.**

## Venues or industries where trafficking is commonly reported in NYS include:

- Agriculture
- Commercial sex work based in a residence or hotel/motel
- Construction
- Domestic work
- Escort services
- Illicit massage/spa businesses
- Restaurants and food service

Learn more about gender-based violence, including human trafficking, at [www.nyc.gov/endgbv](http://www.nyc.gov/endgbv)

Help is available -  
24 hours a day,  
7 days a week

## Are You or Someone You Know...?

- in significant debt to an employer or trafficker?
- not being paid for work?
- forced to live and work on-site, confined, physically restrained, or tortured at work?
- being forced or encouraged to trade sex for payment by someone you trust?
- being monitored or tracked by an employer, manager, or pimp?
- working for someone who controls your money, financial records, or bank accounts?
- working for someone who controls your identification documents, such as an ID or passport?

## How to Help a Friend

- Believe them and let them know it's not their fault
- Let them know you care about their wellbeing
- Ask them what they need and what would be helpful
- Listen and respect their choices even if you disagree
- Offer options and information about resources

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**If you are in immediate danger or want to report a crime call or text 911.**

You have a right  
to make your  
own choices and  
decisions.